

## 1 SDPs and spectrahedra

Let us denote by  $\mathbb{S}_n$  the set of  $n \times n$  real symmetric matrices equipped with the Frobenius inner product:

$$\langle A, B \rangle = \text{Tr}(AB).$$

Consider the subset  $\mathbb{S}_n^+ := \{X \in \mathbb{S}_n : X \geq 0\}$  of PSD matrices. This is a closed convex cone, over which it is possible to minimize (sufficiently nice) convex functions efficiently. A *spectrahedron* is the intersection of  $\mathbb{S}_n^+$  with an affine subspace of  $\mathbb{S}_n$ . The general form of a spectrahedron is

$$\mathcal{U} = \{X \in \mathbb{S}_n^+ : \langle X, A_1 \rangle = b_1, \dots, \langle X, A_m \rangle = b_m\},$$

for some  $A_1, \dots, A_m \in \mathbb{S}_n$ , i.e., the set of PSD matrices satisfying a system of linear equations.

Note that spectrahedra are matrix versions of convex polyhedra, which can be seen (after a suitable affine transformation) as the sets  $\mathbb{R}_+^n \cap \mathcal{L}$ , where  $\mathcal{L}$  is an affine subspace of  $\mathbb{R}^n$ .

**Affine-equivalent formulations.** An affine transformation  $F : \mathbb{R}^d \rightarrow \mathbb{R}^d$  is a map of the form  $F(x) = Ax + b$  where  $A \in \mathbb{M}_d(\mathbb{R}), b \in \mathbb{R}^d$ . An affine subspace of  $\mathbb{R}^d$  is a set of the form  $F(\mathbb{R}^d)$  for some affine transformation  $F$ . We will generally only be concerned with spectrahedra up to affine transformations, and thus the following two alternate ways of characterizing spectrahedra will be useful.

**Slack variables.** One could, more generally consider, convex sets of the form

$$\mathcal{U} = \{X \in \mathbb{S}_n^+ : \langle X, A_1 \rangle \leq b_1, \dots, \langle X, A_m \rangle \leq b_m\},$$

but there is a standard method of envisioning such a set as a spectrahedron in  $\mathbb{S}_{n+m}$  using slack variables:

$$\tilde{\mathcal{U}} = \{X \oplus \text{diag}(s_1, \dots, s_m) \in \mathbb{S}_{n+m}^+ : \langle X, A_1 \rangle = b_1 + s_1, \dots, \langle X, A_m \rangle = b_m + s_m\}.$$

Here we use the notation: For  $X \in \mathbb{M}_d, Y \in \mathbb{M}_{d'}, X \oplus Y \in \mathbb{M}_{d+d'}$  is the linear mapping defined by  $(X \oplus Y)(u, v) = (Xu, Yv)$  for  $(u, v) \in \mathbb{R}^d \oplus \mathbb{R}^{d'}$ . In matrix form,  $X \oplus Y$  is given by the matrix  $\begin{bmatrix} X & 0 \\ 0 & Y \end{bmatrix}$ .

**Linear matrix inequality.** Consider a spectrahedron  $\mathcal{U} = \mathbb{S}_n^+ \cap \mathcal{L}$ , where  $\mathcal{L}$  is an affine subspace of  $\mathbb{S}_n$  spanned by  $A_0, A_1, \dots, A_d \in \mathbb{S}_n^+$ . Then  $\mathcal{U}$  is affine-equivalent to the set

$$\tilde{\mathcal{U}} = \{y \in \mathbb{R}^d : A_0 + y_1 A_1 + \dots + y_d A_d \geq 0\}.$$

Thus a general spectrahedron is affine-equivalent to a set of the form

$$\mathcal{V} = \{y \in \mathbb{R}^d : y_1 A_1 + \dots + y_d A_d \leq B\}. \quad (1.1)$$

## 1.1 Semidefinite programs

*Semidefinite programming (SDP)* involves optimizing linear functions over spectrahedra: For some  $C \in \mathbb{S}_n$  and a spectrahedron  $\mathcal{U}$ , this involves optimization problems of the form

$$\min \{ \langle C, X \rangle : X \in \mathcal{U} \}.$$

Especially for relaxations of combinatorial optimization problems, a popular way of specifying an SDP is via a corresponding *vector program*:

$$\begin{aligned} \text{minimize} \quad & \sum_{i,j} c_{ij} \langle v_i, v_j \rangle \\ \text{subject to} \quad & v_1, v_2, \dots, v_n \in \mathbb{R}^n, \\ & \sum_{i,j} a_{ij}^{(1)} \langle v_i, v_j \rangle \leq b_1, \\ & \dots \\ & \sum_{i,j} a_{ij}^{(m)} \langle v_i, v_j \rangle \leq b_m. \end{aligned}$$

This can be written as an SDP using the equivalence between positive semidefinite matrices and the corresponding Gram matrices  $X_{ij} = \langle v_i, v_j \rangle$ . In general, such a program can be solved, up to accuracy  $\varepsilon$ , in time  $\text{poly}(n, m, 1/\varepsilon)$ .

**MAX-CUT relaxation.** As an example, the classic Goemans-Williamson relaxation of MAX-CUT on an  $n$ -vertex graph  $G = (V, E)$  with nonnegative edge weights  $\{w_{ij} : ij \in E\}$  is written as

$$\begin{aligned} \text{maximize} \quad & \frac{1}{2} \sum_{ij \in E} w_{ij} \|v_i - v_j\|^2 \\ \text{subject to} \quad & v_1, v_2, \dots, v_n \in \mathbb{R}^n, \\ & \|v_i\|^2 = 1, \quad i = 1, \dots, n, \end{aligned}$$

where  $\|\cdot\|$  is the Euclidean norm on  $\mathbb{R}^n$ , and one should note that  $\|v_i - v_j\|^2 = \langle v_i, v_i \rangle + \langle v_j, v_j \rangle - 2\langle v_i, v_j \rangle$ .

See Lovasz's survey [Semidefinite programs and combinatorial optimization](#) for further background and examples.

## 2 Lifts of polytopes

Consider a polytope  $P = \mathbb{R}_+^n \cap \mathcal{L}$  for some affine subspace  $\mathcal{L} \subseteq \mathbb{R}^n$ . It can often be useful to write  $P$  as the linear projection of some simpler convex body. As an example, associate to every undirected  $n$ -vertex graph  $G = (\{1, \dots, n\}, E)$  the vector  $v_G := \mathbf{1}_E \in \{0, 1\}^{\binom{n}{2}}$ , where  $\mathbf{1}_E$  is the indicator vector of its edge set  $E \subseteq \binom{[n]}{2}$ .

Define  $\text{ST}_n$  to be the convex hull of vectors  $v_T$  as  $T$  ranges over all connected trees on  $\{1, \dots, n\}$ . This is the spanning tree polytope of the complete graph  $K_n$ . One could solve the general minimum spanning tree problem by minimizing  $\langle c, x \rangle$  over all  $x \in \text{ST}_n$ , where  $c \in \mathbb{R}^{\binom{n}{2}}$  is the vector denoting the edge weights of the input graph. Unfortunately, it is known that the number of inequalities

needed to characterize  $ST_n$  is exponential in  $n$ , making this optimization problem infeasible for generic methods.

But it turns out there is a polytope  $Q \subseteq \mathbb{R}^{\binom{n}{3}}$  that can be specified using only  $O(n^3)$  inequalities, and such that  $Q$  linearly projects to  $P$ . It's not too hard to work out such a polytope; here's a hint: In addition to the variables  $x_{ij}$  indicating whether  $\{i, j\}$  is an edge in the tree, introduce new variables  $z_{ikj}$  that are meant to indicate whether  $k$  occurs in the unique  $i$ - $j$  path in the tree. Thus one *can*, in polynomial time, solve the minimum spanning tree problem by optimizing instead over  $Q$ .

If  $Q$  is a polytope and  $P = \pi(Q)$  for some linear projection  $\pi$ , one says that  $Q$  is a (polyhedral) lift of  $P$ . The LP extension complexity of  $P$  is the minimum number  $d$  such that  $P$  has a polyhedral lift  $Q$  that can be defined using only  $d$  inequalities. In order to study LP extension complexity, Yannakakis made a fundamental connection with nonnegative factorizations of  $P$ 's slack matrix.

## 2.1 Slack matrices

Every polytope  $P$  in  $\mathbb{R}^n$  can be written in two different ways, as the convex hull of its vertices, or as the intersection of finitely-many halfspaces:

$$P = \text{conv}(x_1, x_2, \dots, x_k), \quad (2.1)$$

$$P = \{x \in \mathbb{R}^n : \langle a_1, x \rangle \leq b_1, \dots, \langle a_m, x \rangle \leq b_m\}. \quad (2.2)$$

To any such pair of representations, we can associate the slack matrix  $S \in \mathbb{R}^{m \times k}$  given by

$$S_{ij} := b_i - \langle a_i, x_j \rangle.$$

Note that all the entries of  $S$  are nonnegative since every vertex  $x_i \in P$  is feasible.

**Ranks: Normal, nonnegative, and PSD.** The rank of the matrix  $S$  is the smallest dimension  $d$  such that one can write

$$S_{ij} = \langle u_i, v_j \rangle, \quad u_1, \dots, u_m, v_1, \dots, v_k \in \mathbb{R}^d.$$

The nonnegative rank of  $S$  is the smallest  $d$  such that

$$S_{ij} = \langle u_i, v_j \rangle, \quad u_1, \dots, u_m, v_1, \dots, v_k \in \mathbb{R}_+^d.$$

Note the only difference: For nonnegative rank, we have restricted ourselves to nonnegative vectors. The following theorem gives the connection to LP extension complexity.

**Theorem 2.1** (Yannakakis Factorization Theorem). *For any polytope  $P$  and any slack matrix  $S$  of  $P$ , the LP extension complexity of  $P$  is equal to the nonnegative rank of  $P$ .*

One could rewrite the nonnegative rank as the smallest  $d$  such that

$$S_{ij} = \text{Tr}(U_i V_j), \quad U_1, \dots, U_m, V_1, \dots, V_k \text{ diagonal matrices in } \mathbb{S}_d^+.$$

By removing the diagonal restriction, we are led to the positive semidefinite rank of  $S$ , which is the minimum  $d$  such that

$$S_{ij} = \text{Tr}(U_i, V_j), \quad U_1, \dots, U_m, V_1, \dots, V_k \in \mathbb{S}_d^+. \quad (2.3)$$

## 2.2 Semidefinite characterizations of polytopes

If one can write  $P = \pi(\mathcal{U})$ , where  $\pi$  is a linear projection and  $\mathcal{U} \subseteq \mathbb{S}_N^+$  is a spectrahedron, one says that  $\mathcal{U}$  is a *spectrahedral lift* of  $P$ . The *SDP extension complexity* of a polytope  $P$  is the minimum value  $N$  such that  $P$  admits a spectrahedral lift  $\mathcal{U} \subseteq \mathbb{S}_N^+$ . There is a PSD analog of Yannakakis' Factorization Theorem.

**Theorem 2.2.** *For any polytope  $P$ , the SDP extension complexity of  $P$  is equal to the PSD rank of any slack matrix of  $P$ .*

Let's prove this. Consider a polytope  $P$  and two representations (2.1) and (2.2). Let  $A$  denote the matrix with rows  $a_1, \dots, a_m$ , so that  $P = \{x \in \mathbb{R}^n : Ax \leq b\}$ . First, suppose we have a factorization of the form (2.3), and define the spectrahedron

$$Q = \left\{ (x, Y) \in \mathbb{R}^n \times \mathbb{S}_d^+ : \langle a_i, x \rangle + \langle U_i, Y \rangle = b_i, i = 1, \dots, m \right\}.$$

We claim that  $P = \pi_n(Q)$ , where  $\pi_n$  is the projection of  $Q$  to the first  $n$  coordinates. Note that  $P \subseteq \pi_n(Q)$  because each inner product  $\langle U_i, Y \rangle$  is nonnegative, thanks to  $U_i, Y \geq 0$ .

Since  $Q$  is convex,  $P$  is convex, so to establish that  $P \supseteq \pi_n(Q)$ , it suffices to show that  $x_j \in \pi_n(P)$  for every vertex  $x_j \in P$ . But this follows because  $(x_j, V_j) \in Q$ , by definition of the factorization (2.3).

The dimension of  $Q$  as a spectrahedron is  $n + d$ , while our goal was to bound the SDP extension complexity by the PSD rank  $d$ . Let  $\pi_d(Q)$  denote the projection of  $Q$  onto the  $\mathbb{S}_d$  coordinates. It is an exercise to show that there is a linear map  $\pi : \mathbb{S}_d \rightarrow \mathbb{R}^n$  that takes  $\pi_d(Q)$  to  $P$ . (Roughly, for  $Y \in \pi_d(Q)$ , one defines  $\pi(Y) = x$  for some  $(x, Y) \in Q$ . Since there might be many choices for  $x$ , one needs to do this in a consistent way so that the map is linear.) Thus the SDP extension complexity of  $P$  is at most the PSD rank of any slack matrix of  $P$ .

**Nonnegativity proofs.** The other, more difficult direction of [Theorem 2.2](#), is instructive especially if you haven't seen this sort of argument before. Suppose  $f_1, f_2, \dots, f_k : \mathbb{R}^d \rightarrow \mathbb{R}$  are affine functions, and define

$$\text{cone}(f_1, \dots, f_k) := \left\{ \sum_{i=1}^k \lambda_i f_i : \lambda_i \geq 0 \right\}.$$

**Lemma 2.3** (Farkas' Lemma). *Consider a bounded polytope  $P = \{x \in \mathbb{R}^n : Ax \leq b\}$ , where  $A$  has rows  $a_1, a_2, \dots, a_d$ , and define  $f_i(x) := b_i - \langle a_i, x \rangle$ . If  $f$  is any affine function that is nonnegative on  $P$ , then*

$$f \in \text{cone}(f_1, f_2, \dots, f_d).$$

In other words, the  $d$  slack functions  $f_1, \dots, f_d$  generate all the linear inequalities that are true on  $P$ . (For a proof of Farkas' Lemma—in the form of an exercise—see Section 2.1 here: [Lifts of polytopes and nonnegative rank](#).)

Consider now a bounded spectrahedron written in the form (1.1):

$$\mathcal{V} = \{y \in \mathbb{R}^d : y_1 A_1 + \dots + y_d A_d \leq B\},$$

for some  $A_1, \dots, A_d, B \in \mathbb{S}_n$ .

**Lemma 2.4** (PSD Farkas). *Every affine function  $f : \mathbb{R}^d \rightarrow \mathbb{R}$  that is nonnegative on  $\mathcal{V}$  can be written as*

$$f(y) = \text{Tr}(V(B - (y_1 A_1 + \dots + y_d A_d)))$$

for some  $V \in \mathbb{S}_n^+$ .

*Proof sketch.* By translation, we may assume that  $0 \in \mathcal{V}$ .

Note that the space  $\mathcal{A}_d$  of affine functions  $f : \mathbb{R}^d \rightarrow \mathbb{R}$  is a  $(d+1)$ -dimensional vector space. For instance, one can encode  $f$  as the vector  $(f(e_1), \dots, f(e_d), f(0))$ , where  $\{e_1, \dots, e_d\}$  is the standard basis. We use this to identify  $\mathcal{A}_d = \mathbb{R}^{d+1}$ .

Define the affine functions

$$f_U(y) := \langle U, B - (y_1 A_1 + \dots + y_d A_d) \rangle, \quad U \in \mathbb{S}_n^+$$

and denote

$$\mathcal{V}^* := \{f_U : U \in \mathbb{S}_n^+\} \subseteq \mathcal{A}_d = \mathbb{R}^{d+1}.$$

We will need the following.

**Lemma 2.5.** *If there is a direction  $v \in \mathbb{R}^n$  such that*

$$\sup_{y \in \mathcal{V}} \langle v, (B - (y_1 A_1 + \dots + y_d A_d))v \rangle < \infty,$$

*then there is a matrix  $U \in \mathbb{S}_n^+$  such that*

$$\langle U, B - (y_1 A_1 + \dots + y_d A_d) \rangle = 1, \quad \forall y \in \mathcal{V}.$$

*In other words, the constant function  $\mathbb{1} \in \mathcal{V}^*$ .*

Observe that  $\mathcal{V}^*$  is a closed<sup>1</sup> convex cone, and

$$y \in \mathcal{V} \iff (f(y) \geq 0, \forall f \in \mathcal{V}^*). \quad (2.4)$$

Thus by the hyperplane separation theorem, if  $g \in \mathcal{A}_d \setminus \mathcal{V}^*$ , it must be that there is a vector  $v \in \mathbb{R}^{d+1}$  such that  $\langle v, g \rangle < 0$ , but  $\langle v, f \rangle \geq 0$  for all  $f \in \mathcal{V}^*$ . (Since  $\mathcal{V}^*$  is a cone, one can take the separating hyperplane passing through the origin.)

Define  $y_v := (v_1, v_2, \dots, v_d)$  and note that for any  $f \in \mathcal{A}_d$ ,

$$\langle v, f \rangle = v_{d+1} f(0) + v_1 f(e_1) + \dots + v_d f(e_d) = v_{d+1} f(0) + f(y_v).$$

Since  $\mathbb{1} \in \mathcal{V}^*$  and  $0 \in \mathcal{V}$ , it holds that  $v_{d+1} = v_{d+1} \mathbb{1}(0) \geq 0$ . Hence for every  $f \in \mathcal{V}^*$ , we have  $f(y_v) \geq 0$ . By (2.4), this implies that  $y_v \in \mathcal{V}$ .

On the other hand,  $\langle v, g \rangle < 0$  implies that either  $g(0) < 0$ , or  $g(y_v) < 0$ . In both cases, it must be that  $g$  is negative somewhere on  $\mathcal{V}$ . We conclude that  $\mathcal{V}^*$  contains every affine function that is nonnegative on  $\mathcal{V}$ , completing the proof.  $\square$

Note that if  $A_1, \dots, A_d, B$  are diagonal matrices, then Lemma 2.4 specializes to Lemma 2.3, in which case  $\text{diag}(V) = (\lambda_1, \dots, \lambda_n)$  describes the coefficients in the conic combination.

Now suppose that the PSD extension complexity of  $P = \{x \in \mathbb{R}^n : Ax \leq b\}$  is at most  $N$ . Then there is a spectrahedral lift

$$\mathcal{U} = \{(x, y) \in \mathbb{R}^n \times \mathbb{R}^d : \{\langle r_i, x \rangle + \langle s_i, y \rangle = c_i\}, y_1 A_1 + \dots + y_d A_d \leq B\},$$

with  $A_1, \dots, A_d, B \in \mathbb{S}_N$ , and where  $P = \pi_n(\mathcal{U})$ , with  $\pi_n$  denoting the projection to the first  $n$  coordinates.

<sup>1</sup>The fact that  $\mathcal{V}^*$  is closed requires verification.

Observe that the inequalities  $Ax \leq b$  are satisfied on  $\mathcal{U}$  since  $(x, y) \in \mathcal{U} \implies x \in P$ . Define  $f_i(x) = b_i - \langle a_i, x \rangle$  (where  $a_1, \dots, a_m$  are the rows of  $A$ ) and for each vertex  $x_j \in P$ , let  $y_j$  be such that  $(x_j, y^{(j)}) \in \mathcal{U}$ . Then by [Lemma 2.4](#), for every  $i$ , there is a  $V_i \in \mathbb{S}_N^+$  such that

$$f_i(x_j) = \text{Tr} \left( V_i \left( B - (y_1^{(j)}) A_1 + \dots + y_d^{(j)} A_d \right) \right).$$

or, equivalently,

$$S_{ij} = \text{Tr}(V_i Y_j),$$

where  $Y_j := B - (y_1^{(j)}) A_1 + \dots + y_d^{(j)} A_d \geq 0$ . This gives a rank- $N$  PSD factorization of the slack matrix  $S$ , completing the proof of [Theorem 2.2](#).

### 2.3 PSD rank and quantum communication

Consider now any nonnegative matrix  $M \in \mathbb{R}_+^{\mathcal{X} \times \mathcal{Y}}$ , where  $\mathcal{X}, \mathcal{Y}$  are finite index sets. Define the *PSD rank* of  $M$  by

$$\text{rk}_{\text{psd}}(M) := \min \{d \geq 0 : M_{xy} = \langle P_x, Q_y \rangle \forall (x, y) \in \mathcal{X} \times \mathcal{Y}, \text{ for some } \{P_x, Q_y\} \subseteq \mathbb{S}_d^+\}.$$

Let us now take a slightly different perspective. Consider two parties Alice and Bob. Alice receives an input  $x \in \mathcal{X}$  and Bob receives  $y \in \mathcal{Y}$ . Their goal is to communicate (random) messages which we denote by the transcript  $\pi_{xy}$ , and then each output a (random) nonnegative number  $A(x, \pi)$  and  $B(y, \pi)$ , with the constraint that

$$\mathbb{E}[A(x, \pi_{xy})B(y, \pi_{xy})] = M(x, y), \quad \forall (x, y) \in \mathcal{X} \times \mathcal{Y}.$$

This is called *communication complexity in expectation* and, generally speaking, the cost of the protocol is given by  $\max_{x \in \mathcal{X}, y \in \mathcal{Y}} |\pi_{xy}|$ , where  $|\pi_{xy}|$  is the length of the communication transcript in bits.

It is interesting to note that we can actually assume the protocol is one-way. To achieve this, fix some randomized protocol for Alice and Bob, and let's convert it to a one-way protocol. Alice simulates the protocol, but simply *guesses Bob's responses uniformly at random*. (For simplicity, let's assume a standardized protocol where each player sends one bit in every round.) She then sends the entire faked transcript  $\tilde{\pi}$  to Bob, and she outputs  $A(x, \tilde{\pi})$ . Bob examines the transcript and either outputs 0 if he would have deviated from  $\tilde{\pi}$ , or outputs  $B(y, \tilde{\pi})/p$ , where  $p$  is the probability of Alice correctly guessing his side of the transcript.

**Quantum communication (in expectation).** Suppose now that we allow Alice to send Bob a *quantum message*. As we know, this message can be described by a density matrix  $\rho_x \in \mathcal{D}(\mathbb{C}^d)$ . Bob will then make a measurement of  $\rho_x$  and, based on the outcome of this measurement, will output a random nonnegative number, with the goal still being to have the expected output equal  $M(x, y)$ .

Suppose that  $\text{rk}_{\text{psd}}(M) \leq d$  so that  $M(x, y) = \langle P_x, Q_y \rangle$ . By scaling, we may assume that  $\text{Tr}(P_x) = 1$  for every  $x \in \mathcal{X}$ . (Note that scaling  $M(x, y)$  is fine, since Bob can always scale his output by a fixed positive number.)

Consider then the following protocol: Alice communicates according to the density matrix  $P_x$ . In other words, write  $P_x = \sum_{i=1}^d \lambda_i v_i v_i^*$ . Then with probability  $\lambda_i$ , Alice sends the (pure) state  $v_i$  to Bob. Bob then outputs  $\text{Tr}(Q_y v_i v_i^*)$ . He can do this as follows: Let  $\alpha = \|Q_y\|$  be the maximum eigenvalue of  $Q_y$  so that  $\alpha^{-1} Q_y + (I - \alpha^{-1} Q_y) = I$  gives Bob a two-outcome measurement. On obtaining the second outcome, he outputs 0. Upon obtaining the first outcome, he outputs  $\alpha$ . His expected output is then  $\text{Tr}(Q_y v_i v_i^*)$ , and the expected output of the entire protocol is  $\text{Tr}(P_x Q_y)$ .

We have just shown that if  $\text{rk}_{\text{psd}}(M) \leq d$ , then there is a quantum communication protocol to compute  $M(x, y)$  in expectation using at most  $\lceil \log_2 d \rceil$  qubits. We leave the converse as an exercise: Given such a communication protocol with  $q$  qubits, it holds that  $\text{rk}_{\text{psd}}(M) \leq 2^q$ .